# Working in Child Care in Wake County

The North Carolina Child Care Workforce Survey 2003

As part of the North Carolina Needs and Resources Assessment, a statewide survey of the child care workforce was conducted in the spring and summer of 2003. This study provides comprehensive data on child care providers and on the facilities in which they work. Survey response rates in Wake County were 75% of center directors, 48% of teachers and 73% of family child care providers. Detailed information about survey methods and response rates are in the appendix. Totals may not equal one hundred percent due to rounding.

The child care workforce in Wake County has experienced improvements in teacher turnover and in the education and hourly income of teachers and directors while remaining stagnant or suffering losses in the hourly earnings and education of family child care providers. The constant challenge of supporting workforce professional development while raising wages and lowering turnover is clearly at play in Wake County as it is across the state. County representatives can take some pride in the positive changes they have made for the workforce and build on these successes as the county continues working on the perennial challenges facing its child care programs and providers.

#### **Child Care Centers**

The percentages of responding child care centers by their organizational structure and by their star ratings are shown in Table 1. Organizational categories were collapsed for simplification. For-profit centers included programs ranging from single-classroom facilities consisting of a multi-age group of children and one teacher/director to multi-site facilities enrolling hundreds of children and employing a director, assistant director, lead teachers and assistant teachers. Faith-based, non-profit centers included programs with a Letter of Compliance (GS-110) as well as centers with a star-rated license. Other non-profit centers included non-profit independent centers that were community or board sponsored, non-profit public-school programs and Head Start sites. Programs that could not be easily classified into one of these three groups were combined into a separate group.

Center License Organizational Structure			
4 or 5 Stars	35%	For-profit Centers	66%
3 Stars	45%	Faith-based Non-profit Centers	14%
Under 3 Stars*	20%	Other Non-profit Centers	16%
		Other	4%

Centers enrolled a median of 55 children ages birth to five (not including school-agers) and employed a median of 9 full-time and 2 part-time teachers and assistants. Total enrollment

in the responding centers was 6,610 children, and 48% of the centers had children on their waiting list. Centers with a 4- or 5-star license had a median of 19 children waiting for care, whereas all other centers had a median of 6 children on the waiting list.

**Staffing.** The child care center staff that participated in the survey represented a wide variety of positions in the early childhood field and worked with children of all ages. Those who completed a director survey held titles such as director (77%), director/owner (17%) and other positions (6%).

As for staff who completed a teacher survey, 74% were teachers or lead teachers, 20% were assistant teacher's aides or floaters and 5% held other positions. Teaching staff typically worked only with children age birth to five (95%).

**Wage Scales.** Center directors reported wage scales for center teaching staff that included low starting wages and limits on the highest wages paid to teachers and assistants (see Table 2). Assistant teachers and substitute caregivers continued to earn lower wages than other teaching staff. This compares to the following from 2001: a median starting teacher wage of \$8.38 per hour and a median starting assistant teacher wage of \$7.50 per hour.

Pay Scales in Child Care Centers in Wake County	
	2003
Starting Teacher Wage in Center	\$9.00
Highest Teacher Wage in Center	\$11.00
Pay Increase from Starting to Highest-Paid Teacher	22%
Starting Assistant Teacher Wage in Center	\$8.00
Highest Asst. Teacher Wage in Center	\$8.50
Pay Increase from Starting to Highest-Paid Asst. Teacher	6%

**Employment Benefits.** Employment benefits offered by centers in Wake County are shown in Table 3. These benefits compare to 17% of centers in 2001 that offered fully paid health insurance and to 79% that offered paid sick leave. Among teaching staff that had ever worked over 40 hours per week (51%), 58% said that their centers paid them time and a half for the overtime hours that they worked. Federal wage and hour law requires that non-exempt workers such as child care providers receive time and a half for overtime hours.

	2003
Fully Paid Health Insurance	18%
Partially Paid Health Insurance	53%
Free Child Care	8%
Reduced Child Care Fee	63%
Parental Leave	52%
Paid Sick Leave	77%
Paid Vacation	96%
Paid Holidays	97%
Paid Retirement Benefits	35%

## **Family Child Care Homes**

The Wake County family child care homes responding to this survey had been in business for a median of 7 years. Providers worked 51 hours per week on average, and 59% worked without help from a paid assistant. Among the special services offered by the responding homes were evening care (38%), overnight care (20%), drop-in care (49%), holiday care (15%) and care for sick children (2%). Total enrollment as of January 2003 ranged from 1 to 10 children ages birth to five with a median of 5 young children in each home.

**Earnings and Expenditures.** Family child care providers' median gross monthly earnings are based on child care tuition fees, subsidy payments and Child and Adult Care Food Program reimbursements for January 2003. Their expenditures included items such as food, toys, substitute care, advertising, training fees, diapers, crafts, transportation, supplies, field trips and gifts for the children. Home occupancy costs such as utilities, home improvement or repairs, cleaning and rent or mortgage payments are not included. Based on these data, estimated net yearly earnings were \$19,539. Food costs represented about 45% of providers' monthly expenditures, and 61% of Wake County providers defrayed this expense by participating in the Child and Adult Care Food Program. Median hourly earnings were \$7.31, estimated by dividing net monthly earnings by the number of hours each home was open (see Table 4). In comparison, family child care providers had a net hourly income of \$7.76 in 2001.

Earnings and Expenditures of Family Child Care Homes in Wake County		
	2003	
Total Monthly Earnings (median)	\$2,223	
Total Monthly Expenditures (median)	\$530	
Hours Worked per Week (median)	51	
Net Hourly Income (median)	\$7.31	

**Benefits.** Family child care providers usually work alone or with the help of an unpaid or underpaid family member. Child care tuition covered providers' vacation time in 58% of homes, and 69% of providers charged for days when they were sick. These measures help identify the degree to which providers run their child care programs as a business designed to meet the providers' personal and professional needs. Nonetheless, 21% of the providers that responded said that they cared for children even when the providers were sick, and 18% said that they never take vacations.

#### **Profile of the Child Care Workforce**

The child care workforce in Wake County, as in North Carolina, is overwhelmingly female and includes a large proportion of workers who have children of their own (see Table 5). Among the teaching staff that responded, 35% indicated that their children were enrolled in the centers where they work. Of these respondents, 84% received free or reduced child care from the center; 40% received government assistance to help them pay for child care (note: respondents can receive both kinds of assistance).

Many people working in the early childhood field face severe economic challenges that affect themselves and their families. For example, 24% of the teachers and assistants and 24% of the family child care providers that responded said that they had no health insurance coverage from any source. Additionally, 33% of teachers and assistants and 19% of family child care providers had received some type of public assistance (e.g., Medicaid, Food Stamps, TANF) in the last three years. This compares to 2001 in which 23% of teachers and assistants and 28% of family child care providers had no health insurance from any source and 30% of teachers and assistants and 23% of family child care providers received one or more forms of public assistance in the past three years.

	Center Directors 2003	Teachers and Assistants 2003	Family Providers 2003
Median Age	40	30	44
Female	96%	98%	100%
People of Color	33%	53%	56%
Have Children	84%	67%	94%
Single Parent of Child 0-18 Years Old	11%	21%	8%
At Least One Child 0-18 Years Old	63%	52%	57%
Annual Family Income Below \$20,000	3%	39%	12%

#### **Education of the Child Care Workforce**

Child care provider education is a critical factor influencing children's early learning opportunities. This section profiles Wake County providers' educational attainment and aspirations as expressed in the current survey. See Table 6 for education data on center directors (directors, director/owners and assistant directors), family child care providers, teachers (teachers and lead teachers) and assistant teachers (assistant teachers, teacher aides and floaters). Gains in degree-earning providers are a positive sign that the workforce is growing to meet the needs of young children. Center directors have completed higher levels of education than teachers and family child care providers, though all groups do not match the minimum education requirements for teachers and administrators in public elementary, middle and high schools. Some directors (23%), teachers (11%) and family child care providers (13%), however, have a college degree in fields other than early childhood education or child development and have taken at least one course in the field.

Wake County child care providers have a strong interest in working toward higher levels of education. As shown in the tables, many directors, teachers and family child care providers had completed college courses. Furthermore, 24% of the teachers and assistants and 23% of the family child care providers said that they were currently taking courses leading to a degree or credential in the early childhood field. Among the teachers and assistants currently taking college courses, 11% were working towards a two-year degree or higher. Of the survey respondents who were not taking courses, 23% of the directors, 48% of the teachers and assistants and 40% of the family child care providers that responded said they were interested in doing so.

In 2003, 66% of directors, 28% of family child care providers and 39% of teachers and assistants indicated that they had attained an Associate, Bachelor's or Master's Degree in some field. In comparison, 55% of directors, 30% of family child care providers and 34% of teachers and assistants in 2001 had earned an Associate, Bachelor's or Master's Degree in some field.

<sup>&</sup>lt;sup>1</sup> These percentages may not equal the sum of the percentages in Table 6 due to rounding.

**Table 6**Education of the Center Directors, Family Child Care Providers and Teachers in Wake County

		Teachers and	
	Center Directors	Assistant Teachers	Family Providers
	2003	2003	2003
Highest Education Completed			
Bachelor Degree or More in ECE/CD	23%	7%	1%
Bachelor Degree or More in Other Field	28%	21%	17%
Associate Degree in ECE/CD	9%	8%	3%
Associate Degree in Other Field	6%	4%	7%
High School + Any College Courses	32%	47%	46%
High School + Workshops	0%	2%	17%
High School Only	2%	11%	4%
Less than High School	0%	1%	5%
Other Education Credentials			
N.C. EC Credential	<b>52</b> %	63%	38%
N.C. EC Administration Credential	74%	12%	9%
Child Development Associate (CDA)	6%	5%	3%
Educational Pursuits			
Currently Taking ECE/CD Courses	20%	24%	23%
Interested in Taking Courses*	23%	48%	40%

<sup>\*</sup>Percentages were drawn from the survey respondents who were not currently taking courses.

#### **Earnings of the Child Care Workforce**

Child care provider earnings in Wake County remain low (see Table 7). The median self-reported wage of child care teachers and assistants in Wake County does not compare favorably to the starting wage of public school teachers (\$14.58 per hour). Child care center directors' median self-reported wage barely competes with that of the public school teachers despite the added responsibility of running a business and working year round. Some child care providers (11% of teachers, 11% of assistant teachers and 12% of family child care providers) said that they worked another paid job in addition to their job as a child care provider. The median number of hours worked in these additional jobs was 20 for teachers, 15 for assistants and 24 for family child care providers. In 2001, the median director salary was \$14.21 per hour; in 2003, it increased to \$15.31 per hour. In 2001, the median teacher salary was \$9.00 per hour; in 2003, it increased to \$9.50 per hour.

**Table 7**Self-Reported Earnings of the Child Care Workforce in Wake County

	Center Directors 2003 <sup>2</sup>	Teachers and Assistant Teachers 2003	Family Providers 2003
Salary Supplement Included			
Highest Hourly Earnings (90th Percentile)	\$20.27	\$13.44	\$12.58
Median Hourly Earnings (50th Percentile)	\$15.78	\$9.50	\$7.31
Lowest Hourly Earnings (10th Percentile)	\$11.17	\$7.50	\$2.78
Salary Supplement Not Included			
Highest Hourly Earnings (90th Percentile)	\$20.27	\$12.75	\$12.51
Median Hourly Earnings (50th Percentile)	\$15.31	\$9.50	\$7.31
Lowest Hourly Earnings (10th Percentile)	\$10.74	\$7.50	\$2.78

# **Professional Support for the Child Care Workforce**

Early childhood research has shown that higher education and compensation of child care providers can lead to positive outcomes for children. Programs such as the T.E.A.C.H. Early Childhood® Project and salary supplements have addressed the educational and financial needs of child care providers while lowering staff turnover. At the program level, child care centers offer staff opportunities to develop their teaching skills and professionalism through coursework and by creating a supportive work environment. The workforce survey included a number of questions on these professional support topics.

**The T.E.A.C.H. Early Childhood® Project.** According to center directors, 78% of centers in Wake County had at least one staff member that had received a T.E.A.C.H. scholarship. A proportion of teachers and assistant teachers (25%) and of family child care providers (27%) said that they had received a T.E.A.C.H. scholarship. Among the child care providers that responded, 98% of center directors, 96% of teachers and 99% of family child care providers had heard of the T.E.A.C.H. Early Childhood® Project.

**Salary Supplements.** Among Wake County teachers and assistant teachers, 35% received a Smart Start funded salary supplement. The median supplement amount was \$1,000 per year. Of those receiving the supplement, 85% said it encouraged them to continue in the child care field. Additionally, 44% of directors received a supplement at a median of \$731 per

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<sup>&</sup>lt;sup>2</sup> Item Response Rate: 70%

year. Finally, 28% of family child care providers received a supplement at a median of \$750 per year. Of these providers, 83% said receiving a supplement encouraged them to stay in the field.

Other Center-Provided Support. Child care centers can support the professional development of staff without creating a significant financial burden on their programs. Seven key types of professional support that centers can provide staff are an orientation, written job descriptions, written personnel policies, paid education and training expenses, paid breaks, compensatory time for training and paid preparation or planning time (see Table 8). Among the responding centers, 72% offered at least five of these types of support and 11% offered three or fewer. Providing a professional work environment may be a low-cost means for centers to prevent staff turnover. By comparison in 2001, 72% of centers offered at least five types of support and 14% offered three or fewer.

Professional Support Benefits for Staff in Child Care Centers in Wake County		
	2003	
Orientation	95%	
Written Job Description	97%	
Written Personnel Policies	<b>92</b> %	
Paid Education/Training	81%	
Paid Breaks	60%	
Time Off for Training	58%	
Planning/Preparation Time	60%	

# **Experience and Turnover of the Child Care Workforce**

Young children need experienced, well-educated teachers with whom they can form close attachments over time. Wake County has a combination of seasoned child care professionals who have remained with their current programs for years and of less-experienced providers who have either just begun in the field or in a new child care program (see Table 9). Among survey respondents median experience in the child care field was 13 years for directors, 6 years for teachers and assistants and 7 years for family child care providers. In 2001 by comparison, directors had been in the workforce for 11.2 years, teachers and assistants for 5.2 years and family child care providers for 5.1 years.

	2003
Teachers Years in Current Center	1.8
Teachers < One Year in Current Center	29%
Teachers Years in Child Care Field	6
Assistant Teachers Years in Current Center	1.8
Assistant Teachers < One Year in Current Center	31%
Assistant Teachers Years in Child Care Field	5.5
Directors Years as Director in Current Center	3.5
Directors Years in Child Care Field	13

The current survey included two measures of turnover: (1) for center-based teacher turnover, the percentage of child care teachers who left their centers during the previous year and (2) for individual directors, teachers and family child care providers, the percentage of workers who are planning to leave the child care field in the next 3 years (see Table 10). As a proportion of all full-time teachers and assistants, 25% left their centers during the previous 12 months.<sup>3</sup> Turnover rates within centers ranged from 0% to 100% of full-time staff. Of the centers that responded, 27% had no full-time staff turnover during the previous year. In 2001, 30% of full-time teachers and assistants left their centers during the previous 12 months.

	2003
Full-Time Teacher and Assistant Teacher Turnover	25%
Full-Time Teacher Turnover	26%
Full-Time Assistant Teacher Turnover	22%
Part-Time Teacher and Assistant Teacher Turnover	31%
Part-Time Teacher Turnover	34%
Part-Time Assistant Teacher Turnover	26%
Teachers Leaving the field in 3 Years	26%
Assistant Teachers Leaving the field in 3 Years	25%
Directors Leaving the Field in 3 Years	9%
Family Child Care Providers Leaving the Field in 3 Years	17%

<sup>&</sup>lt;sup>3</sup> Turnover data reported by center directors with less than one year of employment in the centers were not included in the turnover calculation.

Survey respondents planning to leave most commonly indicated that higher earnings would encourage them to stay. Different motivators among the groups stemmed from the unique roles and responsibilities of each group, though all three were generally interested in additional support (e.g., increased program funds, better employment benefits and more substitute teachers), for the work they do.

#### More at Four in North Carolina

More at Four is a statewide pre-kindergarten program for at-risk four-year olds. The primary purpose of More at Four is to ensure that these children can access the high quality child care that will prepare them to succeed when they enter kindergarten and beyond. Child care programs that participate in the initiative provide high quality early childhood services on which the More at Four program has been built. Participating facilities can include DCD-licensed child care centers and preschools, public schools and Head Start programs. (Only DCD-licensed sites are included in this study.) More at Four requires that participating classrooms in these facilities meet specific program criteria based on early childhood curriculum, teacher qualifications and child-teacher ratios. (More information about More at Four is available at www.governor.state.nc.us.)

All DCD-licensed child care centers that were participating in More at Four as of March 2003 were sent surveys as a part of this study (230 More at Four sites with 2,715 teachers). Both center directors and all teachers in the programs were asked to respond to the survey. The number of directors of More at Four programs was reduced to 201 when phone calls to centers revealed that several directors managed more than one More at Four site. The total number of More at Four directors who completed a survey was 165 for a response rate of 82%. More at Four teacher data in this report comes only from the 447 teachers working in More at Four programs who said that they have at least one More at Four participating child in their classroom. A response rate for More at Four teachers cannot be determined without knowing which teachers in the original survey sample were More at Four teachers and which simply worked at a program that More at Four children attended. Overall teacher response in More at Four sites was 57% of total teachers in these programs, which suggests that the response rate of More at Four teachers was similarly high. The survey data on More at Four sites and providers were collected for the first time in the current study, so this report serves as a baseline assessment of several More at Four population variables.

## A Profile of Participating More at Four Sites in North Carolina

The responding More at Four programs were in 65 counties across the state. They represented the full mix of programs participating. Of the More at Four sites that responded, 96% said that the teachers in their four-year old classroom used one of the More at Four approved curricula. Of these curricula the Creative Curriculum for Early Childhood was the most common by far (84%), and the next most common curriculum in use was the Bright Beginnings Pre-K Curriculum (11%).

Many of the responding More at Four sites indicated that they did not yet meet all of the More at Four criteria. The criteria presenting the greatest challenges included having at least one lead teacher with the B-K/Preschool add-on teacher licensure (58% did not meet this criterion),

paying teachers with the B-K/Preschool add-on teacher licensure rates equal to public school teachers (66% did not meet this criterion) and having a director with a Level III Child Care Administration Credential (52% did not meet this criterion). Site directors indicated that their programs needed help in the following areas to meet standards: funding to offer better teacher pay and benefits (69% needed help with this), funding to cover income lost due to reduced class size (48%) and finding teachers who meet More at Four qualifications (45%). Of those who indicated "teachers who meet qualifications" as an area in which help was needed, 84% had teachers who received a scholarship from the T.E.A.C.H. Early Childhood® Project.

# More at Four in Wake County

In Wake County there were 9 directors working in licensed centers that were More at Four sites as of March 2003; 8 responded to this survey. The criteria presenting the greatest challenges included having at least one lead teacher with the B-K/Preschool add-on teacher licensure (7 did not meet this criterion) and paying teachers with the B-K/Preschool add-on teacher licensure rates equal to public school teachers (8 did not meet this criterion).

Directors indicated that their programs needed help in the following areas to meet standards: funding to offer better teacher pay and benefits (6 needed help with this), funding to cover income lost due to reduced class size (3), finding teachers who meet More at Four qualifications (4) and training on the use of approved More at Four curricula (5). Of those who indicated "teachers who meet qualifications" as an area in which help was needed, 4 had teachers who received a scholarship from the T.E.A.C.H. Early Childhood® Project.

Six of the responding directors said that their centers would be willing to serve additional children through More at Four. The directors reported that they could serve a combined total of 91 additional children.

# Appendix Survey Methods and Response Rates

Child care programs selected for survey participation were drawn from January 2003 licensing reports of the North Carolina Division of Child Development. Programs that served only school-age children or that provided care only during the summer months were not included in this study. In Wake County survey packets were mailed to 55% of the licensed centers (n=137) with enough questionnaires for 137 directors and 1,649 teachers and to 50% of the licensed family child care homes (n=204). Center packets included a cover letter, questionnaire and postage-paid envelope for the director; cover letter, questionnaire and postage-paid envelope for each teacher and raffle tickets for the director and teachers. Family child care providers received a cover letter, a questionnaire with postage-paid envelope, and a raffle ticket. As a sign of thanks and an incentive for participation, window stickers with an early childhood slogan were also included in the survey packets. In addition, everyone who returned a completed questionnaire and raffle ticket was entered in county- and state-level raffles for prizes.

The written questionnaires used in this survey were based on forms for child care center directors, teachers and family child care providers previously created and used by the authors of this study. The questionnaires were modified to include items relevant to child care centers participating in More at Four and to the Performance Based Incentive System created by the North Carolina Partnership for Children.

Staff followed the initial survey mailing with a reminder postcard, repeated phone calls and survey mailings and site visits (only in counties with low response rates) to child care centers and to family child care homes to ensure high survey response rates. Study representatives also maintained regular contact with local child care partnerships and resource and referral agencies to encourage involvement at the local level. Upon receipt of center director and family child care provider surveys, staff called survey participants to clarify responses on the questionnaires to ensure the accuracy of the information collected.

The survey sample of 137 Wake County centers was reduced to 134 when phone calls revealed that some centers had closed, were extension sites of other centers or were Head Start sites supervised by one area coordinator. Based on director reports, the adjusted teacher count was 1,634. The survey sample of 204 family child care homes was reduced to 175 when phone calls revealed that some homes were no longer in business. A total of 100 director surveys, 784 teacher surveys and 127 family child care provider surveys were received. This yielded a response rate of 75% for directors, 48% for teachers and 73% for family child care providers. The goal was to obtain response rates of 70% for directors, 50% for teachers and 70% for family child care providers to ensure strong representation of the county's child care workforce as a whole. Response rates below these goals are not necessarily inadequate but do require a more careful interpretation of the study findings. A number of directors (11) refused to have their centers participate in the survey, thus preventing teachers from having an opportunity to receive a questionnaire. Based on director refusals, the adjusted teacher response rate was 51%.

The majority of response rates (94%) to individual questions were above 80%. Items with significantly low response rates have been noted in the report.

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For more information about the North Carolina Child Care Workforce Survey, please contact the Research Department at Child Care Services Association, (919) 967-3272 or research@childcareservices.org.

For more information about the North Carolina Needs and Resources Assessment, please visit the project web site at www.fpg.unc.edu/~ncnr\_assessment.

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